

Get the **FLU SHOT** not the flu!

DON'T FORGET YOUR FLU SHOT

The Surgery will open on Saturday morning September 30th from 9:30 – 11:30 and again in at the beginning of October (Date to be confirmed). The doctors will also be giving the flu shot during normal consultations.



NHS Solihull CCG Building

Clinical Commissioning Groups – What are they?

- NHSE has just over 200 Clinical Commissioning Groups (CCGs), including Solihull CCG
- Funded by NHSE they analyse patient service needs for the next few years then commission (order & fund provision of) those services from hospitals or other providers.
- GP services are commissioned by CCGs, or by NHSE, or jointly by both

A typical hospital trust is funded from many CCGs, which limits the influence that any one CCG can have.

This partly explains why Solihull CCG is moving towards merger with two larger CCGs in Birmingham.

Half of each CCG's board members are GPs, not expert in secondary health care, so if they need to commission e.g. heart surgery they can seek advice from a clinical senate of heart specialists.

Perscriptions from 1st September

The way repeat perscriptions are ordered is changing. You will have to order your repeat perscription from your GP yourself and not from your Pharmacy.

To find out more please go to the surgery website www.richmondmc.co.uk/news.aspx or ask at reception for a leaflet.

Join the PPG

The PPG is open to any registered patient at Richmond Medical Centre. If you want to join or receive regular information about healthcare matters you only need give your name and email address to reception or contact us direct on ppg.richmondmc@gmail.com and we will contact you.

We may also wish to contact you to get your views from time to time.

Interim Chief Executive appointed for NHS Birmingham CrossCity, Birmingham South Central and Solihull CCGs

Work has been ongoing to appoint an interim Chief Executive for NHS Birmingham CrossCity, Birmingham South Central and Solihull Clinical Commissioning Groups (CCGs).

The CCGs are pleased to announce that their respective Governing Bodies have now approved the appointment of Paul Jennings. Paul will be joining the CCGs from today (Wednesday), on an interim basis, until a substantive Chief Executive can be appointed in the coming months.



Paul was born, raised and educated in Birmingham. He retired from substantive roles in the NHS in January 2017, after 38 years' service; nearly 20 of which were as a Chief Officer or Chief Executive. He has led a wide range of NHS organisations, as well as being recognised both regionally and nationally for his work.

Paul's immediate focus will be to support the CCG transition process, whilst taking strategic and leadership responsibility for the continued delivery of the CCGs' priorities and performance. Over the next few weeks, Paul will be spending time meeting with staff, members and key stakeholders across the area.

Paul Jennings said: "I am genuinely thrilled at being given the opportunity to play a leading role, as the CCGs enter a new era of commissioning and continue to develop the positive work that has been happening, to improve the health and wellbeing of people across Birmingham and Solihull. This is a crucial time for the Birmingham and Solihull Sustainability and Transformation Partnership (STP) and I am delighted to be leading this very important element of system transformation."

Rhod Mitchell, Chair of the Birmingham and Solihull Health Commissioning Board said: "The appointment of Paul Jennings to the role of interim Chief Executive is a major step forward, as we develop a sustainable future for health commissioning across Birmingham and Solihull. He brings with him a wealth of NHS and leadership experience, which will be invaluable to us as we move forward on our journey."

PPG meeting dates

Thursday 21st September 11.30am
Thursday 16 November 11.30am

Some NHS Numbers To Get Your Head Round!

Since the NHS was formed, its budget has grown 20 times faster than its patient population, (from £15bn to £120bn compared with 47m to 65m)

The NHS is in the world's five biggest employers.

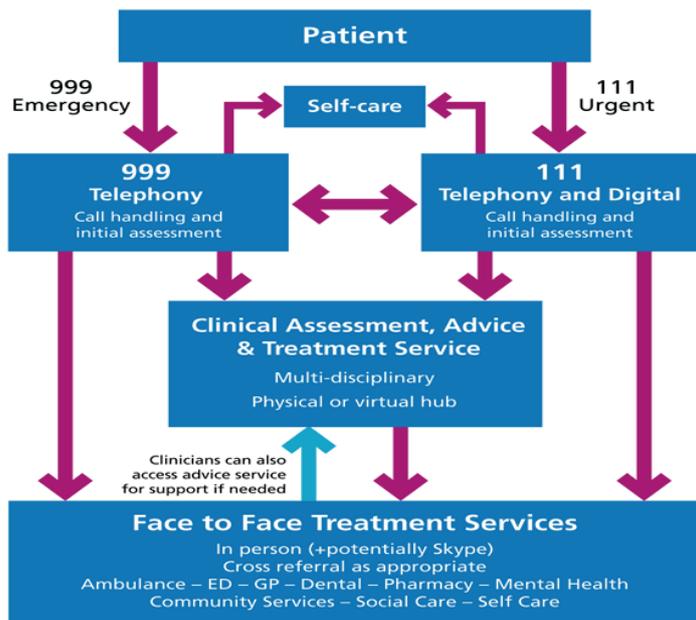
NHS England has 1.2 million staff, of which the clinically qualified include; Nurses 315,000, non-GP Doctors 150,000, Hospital & community health service medical and dental staff 111,000, GPs 41,000 and Ambulance staff 19,000.



NHS "Jargon Buster"

AHSN	Academic Health Science Network It aims to bring together health services, academic and industry members to improve patient outcomes and generate economic benefits for the UK by promoting and encouraging the adoption of innovation in healthcare.
A&E	Accident and Emergency The hospital department dealing with life-threatening situations and emergencies.
ANP	Advanced Nurse Practitioner A registered nurse who has acquired the expert knowledge and complex decision-making and clinical skills for expanded practice.
NHSE	National Health Service England

Urgent care "system" - Solihull high level view



What are the Services on offer on the Solihull hospital site?

1. Solihull Heart of England Foundation Trust run the Minor Injuries Unit 24/7 7 days a week
 2. GP Out of Hours run an Urgent Primary Care Service (UPCS) 8am – 8pm 7 days a week.
- Cross referrals and joint protocols for very poorly patients and for diagnostics
 - Patient feedback is good for both services
 - Urgent Primary Care Service joined up well with 111.

DID NOT ATTEND (DNA)

Appointments missed in July - 130

Funny Bits

My therapist told me the way to achieve true inner peace is to finish what I start. So far I've finished two bags of M&Ms and a chocolate cake. I feel better already. - **Dave Barry**

Whiskey is by far the most popular of all remedies that won't cure a cold. - **Jerry Vale**

She got her looks from her father: He's a plastic surgeon. - **Groucho Marx.**

Doctor: Don't worry your health is fine. You'll live to be ninety.
Patient: But, doctor, I am already ninety years old right now.
Doctor: See, what did I tell you. - **Anon**

FACT VS. FICTION

"Older people need less sleep."

False: The average adult needs a total sleep time of seven to nine hours per day.

While sleep patterns usually change as we age, the amount of sleep we generally need does not.

Older people may sleep less at night due, in part, to frequent night waking, but their need for sleep is no less than that of younger adults.



Richmond Medical Centre CQC overall rating

Good

2 February 2017



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Telephone: 0121 743 2159 - 0121 742 8304 Email: richmondmedical-centre@nhs.net
Email PPG: ppg.richmondmc@gmail.com Website: www.richmondmc.co.uk